

**Title of the Program: Mental Health**

**Degree/Qualification:** Master of Social Psychiatry; Master of Psychotraumatology

**Length of the Program (credits):** 120 credits

**Program Aims:**

The program combines medical, psychological and social elements and is largely based on a bio-psycho-social approach. It provides graduate students with both theoretical and practical-clinical knowledge and skills in the field of modern mental health care; It enables the graduate student to understand academic concepts in social and community psychiatry and mental health and to explore and understand their relation with practice. Teaching emphasizes modern, evidence-based approaches and interventions, which are especially relevant in the current process of reforming the field of mental health in Georgia (Deinstitutionalization of mental health services and their integration into the general health care system, introduction of balanced care model and development of new, modern type of community mental health service).

The goal of the program is to prepare mental health professionals who can develop and implement research-based mental health programs and services, taking into account the context of the filed policy and strategy, which contributes to the development of an evidence-based and effective mental health protection system.

The program has two directions: social psychiatry and psychotraumatology.

**Social psychiatry** studies the relationship between social factors and the development, course, and treatment of mental disorders. Social Psychiatry program aims to teach the theoretical, conceptual, methodological and applied aspects of social psychiatry, which provides an in-depth study of the key social issues of mental disorders and the acquisition of skills for working in community psychiatric services and multidisciplinary management of mental disorders in accordance with modern requirements.

**Psychotraumatology** studies the consequences and effects of various psychotraumatic events - ethno-conflicts and wars, natural disasters, severe loss, violence and other traumatic experiences - on the mental health and psychosocial functioning of individuals and groups of people. The goal of the psychotraumatology program is to develop the skills and knowledge in identification and multidisciplinary management of trauma manifestations as well as in organizing early interventions and planning and implementing preventive measures during acute crises and disasters. Also, the program aims to prepare students for solving problems and challenges in the field of psychotraumatology.

**Learning Outcomes:**

A graduate has:

- systematic knowledge of theoretical principles, concepts of bio-psycho-social approaches to mental health and their relation to practice in social psychiatry or psychotraumatology;

A graduate can:

- identify (assess and diagnose) and manage (prevent/treat) of severe mental health problems and disorders or conditions resulting from various psycho-traumatic events using modern multidisciplinary methods;
- identify the needs of the mental health; plan, implement and evaluate the services on the bases of independent research and by applying modern methods and approaches;
- analyze the policy, strategy or practice in the mental health sector and develop appropriate recommendations for further development of the mental health protection system;
- communicate with the client and the beneficiary group and establishing a therapeutic rapport;
- adhere to principles of academic integrity and professional ethics in academic as well as practical activities, including research bioethics; respect and consider the rights of patients. act effectively both autonomously and in a multidisciplinary group;
- evaluate their own professional activities for professional development; identify learning needs, and strategic planning and implementing the learning process.

**Assessment System:**

(A) Excellent – 91-100 points;

(B) Very good – 81-90 points;

(C) Good – 71-80 points;

(D) Satisfactory – 61-70 points;

(E) Sufficient – 51-60 points;

(FX) Didn't Pass – 41-50 points, which means that a student needs to work more and is allowed to resit the exam once by working independently;

(F) Failed – 40 and less points of maximum evaluation, which means that the work done by the student is not enough and he/she has to retake the course.

**Contact person:**

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